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# GEORGIA ALL STARS

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## Half Year Prep

**2024-2025**

“Pride of the South”

*34 years strong!*

## **Who we are**

Georgia All Stars continues to be a leader in All Star Cheer instruction. Established in 1990, we are proud to announce our 34th Anniversary this year! We continue to push the boundaries in the industry. We pride ourselves in being trend setters and family oriented with quality, competitive instruction. Welcome to our Purple Family!! Welcome Home!

## **What we do**

It is our mission that each cheerleader will develop socially through practice and competition, physically through hard work, and psychologically through increased self-confidence, self-esteem, emotional maturity, and discipline. We continue to place our athletes on collegiate teams that offer scholarships. This requires a perfect balance of academic preparation in school, time management, and skill preparation in the gym. We continue to provide an industry name with a small family feel. We pride ourselves on being a family environment and teaching our kids respect, humility, punctuality, good sportsmanship, dedication, commitment, and core values.

## **Commitment**

Commitment starts with the cheerleader and follows through the parent. It is a known privilege to be a Georgia All Star Cheerleader. The success of your team will depend on each individual/parent commitment and dedication to the team. This program is not about the individual. We do not tolerate “individual” attitudes. We believe that the member on the back row is just as important as the member on the front. The first tumbling pass is just as needed as the last. Flyers can’t fly without bases. Flyers are no more important than back spots. It takes a TEAM to win. The team will always come first in making selections and decisions.

## **Parent Viewing**

At times, it may be necessary for the coaches to close the parent viewing area. We appreciate your cooperation during these times. Parent viewing may be closed during choreography or for a specific amount of time designated by the team coach. This allows us to effectively coach teams without any outside distractions. Parent viewing is a privilege. Please do not sit and “gossip” or “assume” in the viewing area. Our best athletes are often left alone for us to coach and mentor. Please do not be a “helicopter parent”. Any questions, comments, or concerns

about your child's progression or practice should be taken to your coach. If needed, a private meeting will be scheduled with the Gym Owner.

## **Team Practices**

Be on time! Your child will have 2 team practices per week. Practice will be set after teams are announced. We will try our best to work around noted conflicts but no guarantees will be given. There will be additional practices the week and weekend before the competitions. We cannot accept specific requests. We will go by the majority rule on conflicts.

## **Missed or Tardy Practices**

If you cannot attend a practice it must be personally pre-approved by your coach. If you will be late, out sick, etc; you must contact your coach. If you are sick, but not contagious, you will be required to come watch practice so you are aware of any changes made to the routine. You may bring a blanket and pillow and observe any changes. The coach will decide your participation level at practice if you are sick. Handwritten notes are not an excused absence. If you are continually late, missing numerous practices, or injured longterm, you may be dismissed from the team or placed in an alternate position. Any changes will be determined by the coach and/or Gym Owner. If you are absent during the week of a competition, you may be replaced with an alternate athlete. When a child misses practice or is injured, it affects the team as a whole.

Homework is not an excused absence. Studying for a test is not an excused absence. Concerts, Birthdays, Anniversaries, School Breaks, Field Trips, and Family trips are not excused absences. School activities that are not documented for a grade are not excused absences. Outside sports conflicts are not excused absences.

If you are receiving a grade on a school activity you must fill out the absentee form, located in the back of this packet. Forms must be turned into and approved in advance by your coach AND the Gym Owner so changes to the practice schedule can be made, if necessary. Absences due to graded events will be approved. The coaches will do everything in their power to work around graded conflicts by moving practice, but it is not promised. Make-up practices may be called so that the team may practice as a whole. In cases of inclement weather,

makeup practices will be added as well. The Gym Owner will decide what weather conditions permit cancelled practices.

## **Team Placement**

Athletes will be placed on a team at the discretion of the coaching staff based on ability and what is needed on each team. It is very important to understand that technique and execution of a skill go into team placement. It is very important to also understand stunting requirements for each level. It is not only important to “land” a skill, but to execute it repeatedly. Athletes must also provide strong technical stunting skills at the required level. Coaches reserve the right to move a child to a different team during the season if the child’s skills do not mirror that of his or her peers on the team. A child may be dismissed or placed in an alternate position if the skills are not where he or she can be used on a team in the gym. A child may be moved to a different team during the season depending on what is needed by that team (ie. base, fly, tumbler), or if their skills are not where they should be during the progression of the season. We may merge teams, change team levels, or delete a team during the season. We may register teams in various divisions throughout the season. We will exhaust every possibility before dismissing a team. If you have a question about what level your child should be, please go to [USASF.net](http://USASF.net) for level guidelines or [www.gaallstars.net](http://www.gaallstars.net) for tumbling requirements. If you are unsure of what stunting level your child may be, please speak with a coach.

Level 1.1 Level 1 stunting and level 1 tumbling

Level 2.1 Level 2 stunting and level 1 tumbling

Level 3.2 Level 3 stunting and level 2 tumbling

## **Athlete Behavior**

Your coaches are here to work with you. You are expected to show respect and be courteous to your coaches and teammates at all times. You are not to make negative facial expressions, talk under your breath, roll your eyes, make rude gestures, or negative comments of any kind. When asked a question at a practice, athletes are to reply in a respectful manner to coaches. No negative or rude comments are to be made on any social forum websites such as, Snapchat, TikTok, Instagram, etc. about any member of the GA teams/staff, competitions or other fellow gyms. Do not post any picture/videos of yourself or others, in a GA uniform or attire

acting in a negative manner that would discredit yours or the gym's reputation. No cell phones are allowed during practice or competition warm-ups/awards. Cell phones must be turned in at the beginning of practice to the cell phone basket. Cell phone use during practice is strictly prohibited. Anyone with continued behavioral problems will be removed from the gym and all monies will be forfeited.

## **Quitting/Removal From Team**

If you quit a team at any time during the season or are asked to leave a team, 100% of all monies given to the gym will be forfeited. This includes gym fee, registration, competition deposits, uniform deposits, etc. Any outstanding or posted bills up to the date of dismissal will be collected and is responsibility of the student, parent, and/or guardian. Any outstanding balances not collected will be turned over to a collection agency. The same rule applies for a parent asked to leave the gym for inappropriate behavior/conduct.

## **Practice Wear/Uniform**

Team member will be given one practiced shirt for the weekly practice. Once it arrives, athletes will be expected to wear the designated clothing items to their assigned practice blocks each week. On the second practice day, athletes will need to wear a black shirt or clothing item purchased from the pro shop. Uniforms will be ordered in December and will be approximately \$220 each. This does not include your shoes or Competition Hair Bow. Those are purchased separately. Athletes must wear cheer shoes at all times. Shoes must be in good condition and solid white, free of any colors. If you would like to order new shoes, we will have them available for order in the pro shop.

## **Competitions**

You are required to attend all competitions. It is the discretion of the coaches to choose competitions they see best for each of the teams. There is a possibility that a competition may be added or cancelled during the season. If an athlete misses practice the week of a competition, an alternate may be used in their position. If an athlete misses a competition for

any reason, he/she may be removed from the team. The Gym Owner will keep you informed of all competition updates/changes.

## **Fees**

Once selected for a team, a \$65 Registration Fee is due at the Initial Parent Meeting. Registration Fees are Annual and cover our Insurance Calendar year from May-April. (Registration Fee is only paid annually whether it is for All Star, School Team, or Class Enrollment. If you are currently enrolled in the gym, you have probably already paid this fee.) Tuition is \$240 a month Nov-April. Competition Bows will be \$35. All parents must register their athlete through [usaf.net](http://usaf.net). The cost is \$49. This is a required registration to compete. You will get instruction on this later in the season.

Everyone should familiarize themselves with the website and parent portal. EVERYONE is required to sign in and create an account. Please contact the front office if you have forgotten your login/password. Please DO NOT create a new/duplicate login/password. If any issues arise, please contact [lorenzo@gaallstars.net](mailto:lorenzo@gaallstars.net) .

Once you have created a parent portal account, you will use this for all classes, teams, etc. This profile will be used to send out mass emails when needed. Please make sure to keep your email, address, and phone number current with the parent portal. Also, our accounting system is set up on auto-pay. Your credit card will be billed on the 1st of the month for monthly gym fees. Fees are late on the 5th of each month. Non-auto pays MUST be pre-approved by the Gym Owner.

Athletes will be dismissed from the program or placed into an alternate position if fees become delinquent. Athletes may not try out the following year if he/she owes a remaining balance. Any and all past due fees will be turned over to collections at the end of the competitive season. Any returned checks or late payments will be assessed a charge of \$25 per occurrence.



## MONTHLY BREAKDOWN OF FEES

### Team Acceptance (First Practice)

\$65 Registration Fee and Financial Contract

### November

\$225 Tuition

### December

\$225 Tuition

### January

\$225 Tuition

\$220 Uniform Fee

### February

\$225 Tuition

\$35 Competition Bow

### March

\$225 Tuition

### April

\$100 - optional tumbling. You may opt in or out for optional tumbling at the regular practice times for April

Tuition is set to cover monthly athlete training, competition registrations, choreography fees/edits, music fees/edits, coaches certification, and coaches registration fees.

# **GEORGIA ALL-STARS HALF YEAR PREP CALENDAR 2024 - 2025**

November, 4th	First Practice
November 27-30th	Fall Break - CLOSED (reopen 12/1)
December 20 - Jan 5th	Winter Break
December 28 - 29th*	Holiday Open Workouts (highly recommended)
January 5th	Practices Resume
March 15th & 16th	Athletic Championships, Atlanta, GA
March 22	Spirit of the South Nationals, Atlanta, GA
April 6-13th	Spring Break

\*Clear your schedule for the week **BEFORE** every competition. There will be extra mandatory practices added those weeks. No absences will be approved. **NO EXCEPTIONS!!!**



# ABSENT REQUEST FORM

Please list up to 2 absences that will affect your team practices. Explain your reason for the absence such as vacation, custody agreement, school grade event, etc. All absences must be pre-approved by the coaches. **You are allowed 2 total absences.**

GA has built in days in the fall/winter when the gym will be closed for the holidays. If possible, please try to take your vacations during this time, so that it does not affect the practices of your child's team. Practice attendance is important if we want to produce winning teams. **We DO NOT follow your school's vacation calendar.** Please plan accordingly. Team members will be removed if absences become excessive.

**Cheerleader's Name:** \_\_\_\_\_

**Team:** \_\_\_\_\_

<b>Date:</b>	<b>Reason:</b>
_____	_____

_____	_____
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_____	_____
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_____	_____
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**For Office Use: Initial Below:**

\_\_\_\_\_  
**Gym Owner**

\_\_\_\_\_  
**Coach**

**Date Received:** \_\_\_\_\_

**GEORGIA ALL STARS HALF YEAR PREP  
FINANCIAL AGREEMENT  
DUE AT REGISTRATION**

I, \_\_\_\_\_ Parent/Guardian of  
(Print name of parent/legal guardian)

\_\_\_\_\_  
(Print name of team member)

understand and agree to the following financial agreement:

- \_\_\_\_\_ I understand and agree that fee/tuition payments are due on the 1st of the month.
- \_\_\_\_\_ I understand the Registration/Insurance fee, Tuition fees are all non refundable.
- \_\_\_\_\_ I understand that I am subject to a late fee charge of \$25.00 after the 5th of the month. Excessive tardiness in payments will be grounds for dismissal and my account balance will be sent to a professional collection agency in Fulton County. Signee is responsible for any court and legal fees applied. Any legal collection proceedings will be filed in Fulton County.
- \_\_\_\_\_ I also understand and agree that as a parent/guardian signing the contract; I am solely responsible for Monthly Tuition on the 1st, Competition Fees, Insurance/Registration fees, USASF Fees, as well as any additional fees if applicable such as uniform, bows, t-shirts, etc. All fees/monies once paid are Non- refundable and i have read/received a copy of the parent handbook/contract available to me and online.
- \_\_\_\_\_ I understand that the all star season begins with tryouts in October, and ends with the last tuition for the month of April. If I choose to leave or am dismissed from the program prior to the end date in April, I am subject to any fees or balances charged/owed to my account prior my leaving or dismissal date.

**I understand the above rules and stipulations and agree to authorize Georgia All Star Cheerleading/LSW LLC to charge the credit card and/or bank check card that I have provided to them via autopay.**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date:

Attach Photo Here



# Athlete Information Form

Shirt Size: YS YM YL AS AM AL AXL

Athlete Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Do you have any previous cheerleading experience: YES NO

If so, where or which team/level: \_\_\_\_\_

## PARENT INFORMATION:

Mother: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Father: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Do you have any previous or current medical conditions/injuries: YES NO

Please explain: \_\_\_\_\_

Please list any existing allergies:

\_\_\_\_\_