
GEORGIA ALL STARS

2025-2026 TRYOUT PACKET



YEAR 35

“Pride of the South!”

WHO WE ARE

Georgia All Stars continues to be a leader in All Star Cheer instruction. Established in 1990, we are proud to announce our 35th Anniversary this year! We pride ourselves in being trend setters and family oriented with quality, competitive instruction. It is our mission that each cheerleader will develop socially through practice and competition, physically through hard work, and psychologically through increased emotional maturity, and discipline. This requires a perfect balance of academic preparation in school, time management, and skill preparation in the gym. We continue to provide a big industry name with a small family feel. We pride ourselves on teaching our kids respect, humility, punctuality, good sportsmanship, dedication, commitment, and core values.



COMMITMENT

Commitment is required of athletes AND parents. It is a known privilege to be a Georgia All Star Cheerleader. The success of your team will depend on each individual/ parent's commitment and dedication to the team. This program is not about the individual. We will not tolerate "individual" attitudes. We believe that the member on the back row is just as important as the member on the front. The first tumbling pass is just as needed as the last. It takes a TEAM to win. The team will always come first in making selections and decisions. Athletes with excessive absences or lack of commitment will be removed.

TEAM PRACTICE

- Teams practice 3 days per week.
- Typically 2 weekdays and on Sunday.
- Sunday Practices begin in September.
- Additional practices will be added at the coach's discretion during the competition season, November-April or May.
- Typically there will be additional practices during the week and weekend before a competition.

Vacations:

- Athletes may miss 4 summer practices prior to August 4th.
- It is important to have each athlete at summer practices to allow the kids to bond, the coaches to formulate stunt groups, finalize the routines, and for the teams to progress in skill and prepare for the upcoming season.
- Vacation forms are located in the back of this packet and at the front desk.
- All vacations MUST have the appropriate form and approval to be excused.
- Vacation forms turned in less than 2 weeks in advance will not be approved.
- Vacation requests after August 4th will NOT be approved.
- Vacation dates will not be approved if two weeks before a scheduled competition.
- Vacation requests via phone or text will not be approved.

Absences:

- If you cannot attend a practice it must be personally pre-approved by your coach.
- If you will be late, out sick, etc; you must contact your coach.
- If you are sick, but not contagious, you will be required to come watch or mark practice so you are aware of any changes made to the routine.
- The coach will decide participation level at practice if an athlete is sick.
- If you are continually late, missing numerous practices, or injured longterm, you may be dismissed from the team.
- If you are absent during the week of a competition, you may be replaced with an alternate crossover athlete.
- Homework is not an excused absence. Studying for a test is not an excused absence. Concerts, Birthdays, Anniversaries, School Breaks, Field Trips, and Family trips are not excused absences. School trips that are not documented for a grade are not excused absences. Outside sports conflicts are not excused absences.
- If you are receiving a grade on a school activity you must fill out the absentee form, located in the back of this packet.
- The coaches will do everything in their power to work around graded conflicts by moving practice, but it is not promised.
- Make-up practices may be called so that the team may practice as a whole.
- If you are on a varsity cheer team, provide a copy of your scheduled practices, events, and coach's information to your All Star Coach.
- We will not work around sideline cheer conflicts, middle/JV, basketball cheer, or other outside sports.
- Please take note of this policy before trying out for winter or spring sports. All Star cheer is a very timely commitment and should be your first priority.

TEAM PLACEMENT

Athletes will be placed on a team at the discretion of the coaching staff based on their ability and what is needed on each team. It is very important to understand that technique and execution of a skill go into placing teams. It is very important to also understand stunting requirements for each level. It is not only important to “land” a skill, but to execute it while landing it repeatedly over and over. Athletes must also provide strong technical stunting skills at the required level as well. Coaches reserve the right to move a child to a different team during the season if the child’s skills do not mirror that of his or her peers on the team. A child may be dismissed or placed in an alternate position if the skills are not where he or she can be used on a team in the gym. A child may be moved to a different team during the season depending on what is needed by that team (ie. base, fly, tumbler), or if their skills are not where they should be during the progression of the season. We may merge teams, change team levels, or delete a team during the season. We will exhaust every possibility before deleting a team. If you have a question about what level your child should be, please go to our skills chart for tumbling requirements. If you are unsure of what stunting level your child may be, please speak with a coach.



EXPECTATIONS

Your coaches and team reps are here to work with you. You are expected to show respect and be courteous to your coaches and teammates at all times.

- No negative or inappropriate comments are to be made on any social media such as Snapchat, TikTok, Twitter, Instagram, GroupMe, etc. about any member of the GA teams/staff, competitions or other gyms.
- Do not post any pictures of yourself or others, in a GA uniform or attire acting in a negative manner that would discredit you or the gym's brand
- Cell phones are NOT allowed during practice.
- Cell phones must be turned in at the beginning of practice to the phone basket.
- Anyone with continued behavioral problems will be removed from the gym and all monies will be forfeited

Parents are expected to hold to these same standards. Athletes can be removed due to parents' actions. There is no place for negativity or drama in our program.

If you quit a team at any time during the season or are asked to leave a team, 100% of all monies given to the gym will be forfeited. Any outstanding or posted bills up to the date of dismissal will be collected and are the responsibility of the student, parent, and/or guardian. Any outstanding balances not collected will be turned over to a collection agency.

Once registered through USASF and placed on a rostered team, the gym has the right to not release the athlete ID number from the program until the completion of the calendar season.



UNIFORM/ATTIRE

Practice wear, uniforms, practice bows, and warmups will be ordered for the athletes at the start of the season. Once it arrives, athletes will be expected to wear the designated clothing items to their assigned practice blocks each week. Additional team shirts may be added for larger competitions during the year at an average cost of \$25. Practice wear does not include shoes, uniform, warmup, competition bow, or backpack. Those are billed separately.

Athletes are required to supply their own solid black shorts or Nike pros.

COMPETITIONS

Athletes are required to attend all competitions. It is the discretion of the coaches to choose competitions they see as a best fit for each of the teams. There is a possibility that a competition may be added or cancelled during the season. If an athlete misses practice the week of a competition, an alternate crossover may be used. If an athlete misses a competition for any reason, he/she may be dismissed from the team. The Owner will keep you informed of all competition updates/changes.

- We have secured mandatory hotel blocks for some travel competitions. It is MANDATORY for
- all team members to stay in the assigned team hotel with an adult and must arrive at the
- hotels on Friday prior to 10pm.
- Travel must be planned on Friday. Teams will have practice the Thursday night before a competition.
- DO NOT PLAN TRAVEL ON THURSDAY.
- You must stay for all GA teams to compete. This usually means travel home on Monday.
- Transportation is up to each family's discretion.
- Hotel links will be provided by the Owner.
- Your team may travel for one or more of the competitions listed.
- Please note that when traveling, you are there for the purpose of competition and not vacation.
- Be respectful of others at all times.



FEES

Once selected for a team:

- An acceptance/commitment fee of \$125 will be paid to reserve your placement,
- Annual \$65 Registration Fee is due. Registration Fee is only paid annually for all athletes.
- Our accounting system is set up on auto-pay. Your credit card will be billed on the 1st of the month for tuition. Fees are late on the 5th of each month.
- Competition Fees are billed on the 15th of the month.
- Non-auto-pays MUST be pre-approved by the Owner.

Athletes will be dismissed from the program if fees become delinquent. Athletes may not try out the following year if he/she owes a remaining balance. Any and all past due fees will be turned over to collections at the end of the competitive season. Any returned checks or late payments will be assessed a charge of \$25 per occurrence.



ALLSTAR ELITE BREAKDOWN OF FEES

Due at Parent Meeting

\$65 Insurance/Registration Fee \$125

Commitment Fee

\$150 Practice Wear

June

\$165 June Tuition

\$100 Stunt Camp

\$275 Competition Fee

\$350 Deposit for NEW Uniform/Warm Ups

July

\$165 Tuition

\$275 Competition Fee

\$350 Balance for NEW Uniform/Warm Ups

August

\$165 Tuition

\$275 Competition Fee

\$30 Competition Bow

\$50 Music Fee

September - February

\$165 Tuition

\$275 Competition Fee

\$120 Backpack (new athletes)

March

\$165 Tuition Only

April

\$165 Tuition Only

May

\$85 Reduced Tuition - Jr/Sr Summit Teams



Tuition covers monthly athlete training and facility use. Competition fees cover competition registrations, choreography fees/edits, coaches certification, and coaches lodging/travel/expenses. Teams selected for The Varsity Summit will require extra fees. Estimated fees are \$125 - 650, plus travel. This estimate is based on previous years cost and is subject to change.

NON-TRAVEL PREP TEAMS BREAKDOWN OF FEES

Due at Parent Meeting

- \$65 Insurance/Registration Fee
- \$125 Commitment Fee
- \$150 Practice Wear June
- \$110 June Tuition
- \$100 Stunt Camp
- \$175 Competition Fee
- \$300 Deposit for NEW Uniform/Warm Ups

July

- \$110 Tuition
- \$175 Competition Fee
- \$300 Balance for NEW Uniform/Warm Ups

August

- \$110 Tuition
- \$175 Competition Fee
- \$30 Competition Bow
- \$50 Music Fee

September - February

- \$110 Tuition
- \$175 Competition Fee
- \$120 Backpack (new athletes)

March

- \$110 Tuition Only

April

- \$110 Tuition Only

Tuition covers monthly athlete training and facility use. Competition fees cover competition registrations, choreography fees/edits, coaches certification, and coaches lodging/travel/expenses.



WORLDS TEAM BREAKDOWN OF FEES



Due at Parent Meeting

\$65 Insurance/Registration Fee

\$125 Commitment Fee

\$150 Practice Wear

June

\$165 June Tuition

\$100 Stunt Camp

\$300 Competition Fee

\$375 Deposit for NEW Uniform/Warm Ups

July

\$165 Tuition

\$300 Competition Fee

\$375 Balance for NEW Uniform/Warm Ups

August

\$165 Tuition

\$300 Competition Fee

\$30 Competition Bow

\$50 Music Fee

September - February

\$165 Tuition

\$300 Competition Fee

\$120 Backpack (new athletes or repurchase)

March

\$165 Tuition Only

April

\$165 Tuition Only

Tuition covers monthly athlete training and facility use. Competition fees cover competition registrations, choreography fees/edits, coaches certification, and coaches lodging/travel/expenses. Teams selected for Worlds will require extra fees ranging from \$125-600, not including travel. This estimate is based on previous years cost and is subject to change.

GEORGIA ALL-STARS CALENDAR 2025-2026

May 13	New to Georgia All-Stars Parent Meeting 7 p.m.
May 14	WORLDS Team Parent Meeting (Mandatory) 7 p.m.
May 16-18	Season 35 Team Evaluations (Tiny, Mini, Youth Teams under 12)
May 19-22	Season 35 WORLDS Team Evaluations
May 21-23	Season 35 Team Evaluations (JR & SR Teams)
May 26	GYM CLOSED (Reopen Tues. 5/27)
May 28 or 29	Parent Meetings-(Mandatory attend one) 7 p.m.
June 2	Practices start (Monday)
June 19	GYM CLOSED
June 23 - 25	Stunt Camp (MANDATORY)
June 28 - July 6	Summer Break GYM CLOSED
July 7	Gym Reopens (MONDAY)
July 12 -19	Choreography Camp (MANDATORY)
Aug. 29 - Sept. 1	Labor Day - GYM CLOSED (Reopen Tues. 9/2)
Sept. 7	Sunday Practices Start
Oct. 13 - 18	GYM CLOSED (Reopen Sunday. 10/19) there will be Sunday practice 10/19
Nov. 26 - 29	GYM CLOSED (Reopen Sunday, 11/30) there will be practice Mon. 11/24, Tues. 11/25 & Sun. 11/30

Dec. 19 - Jan 2 GYM CLOSED (Reopen Sunday, 1/5) Winter
Dec. 28 & 29 Workouts WORLDS Team First Day Back
Jan. 3 (MANDATORY) Gym Reopens - Sunday Practices
Jan. 4 MANDATORY Saturday Practice (travel teams)
Jan. 11 GYM CLOSED
Jan. 19 GYM CLOSED
Feb. 16 GYM CLOSED (Reopen Monday, 4/13)
April 5-12

*Clear your schedule for the week BEFORE every competition. There will be extra mandatory practices added those weeks. Possibly even Saturday before. No absences will be approved. NO EXCEPTIONS!!!
DO NOT plan travel the Thursday before a competition. Coaches will schedule practice.





Allstar Tumbling Level Assessments

	Level	Advanced	Elite	
Level 1 Standing	Forward Roll Straddle Roll Pushup To Backbend Backward Roll (BWR)	Handstand Backbend Kick Over Standing Backbend Front Limber/Back Limber	Backwalkover (BWO) BWO - BWR - BWO Back Extension Roll	
Level 1 Running	Cartwheel (CW) Cartwheel - Backward Roll Handstand Forward Roll	Cartwheel - BWO/BWO Switch Leg Round Off (RO) Front Walkover (FWO)/FWO Series Handstand Forward Roll Cartwheel	Back Walkover Series Back Walkover Switch Leg Back Extension Roll - BWO/BWO Series Valdez	
Level 2 Standing	Back Handspring (BHS) Back Handspring Step Out	Back Walkover - BHS Back Walkover - BHS Step Out BHS Step-Out - Back Walkover Valdez - BWO - BHS	BWO - BHS Step Out - BWO BWO Switch Leg - BHS BHS Step Out - BWO - BHS Valdez - BHS/BHS Step Out Back Extension Roll - BHS/BHS Step Out	
Level 2 Running	Cartwheel - BHS Round Off (RO) - BHS	Round Off (RO) - BHS Step Out CW - BHS Step Out Front Handspring (FHS) FWO - FHS	Series Front Handsprings Bouncer/Flyspring CW - BHS Series RO - BHS Series FWO - RO - BHS/BHS Series CW - BHS Step Out - BWO - BHS/BHS Series	
Level 3 Standing	BHS/BHS Step Out - BHS/BHS Step Out Advanced Jump - BHS/BHS Step Out BHS/BHS Series - Advanced Jump	BWO - BHS Series BHS - BHS - BHS Or More Advanced Jump - BHS Series	BHS/BHS Series - Advanced Jump - BHS/BHS Series Advanced Jump - BHS - Advanced Jump - BHS BHS Step Out - BHS Series BHS Step Out - BWO - BHS Series BWO - BHS - Advanced Jump - BHS/BHS Series	
Level 3 Running	Round Off - Tuck Aerial	Punch Front (PF) Round Off - BHS Series - Tuck	FWO - Aerial Bouncer/Flyspring - Aerial Round Off - BHS - Tuck RO - BHS Step Out - 1/2 Turn - RO - To - Tuck FWO - RO - To - Tuck Bouncer/Flyspring - RO - To - Tuck Front Handspring (FHS) - Punch Front	
Level 4 Standing	Onodi Backward Roll - Tuck	BHS Series - Tuck Back Tuck BWO - Tuck	BHS/BHS Step Out - Tuck Advanced Jump - BHS Series - Tuck Advanced Jump - BHS - Tuck	
Level 4 Running	Cartwheel - Tuck FWO - CW - Tuck Round Off - Layout Round Off - Onodi Front Aerial Front Aerial - RO - To -Tuck Front Handspring - PF	PF - PF PF Step Out - Aerial Round Off - BHS Series - Layout Round Off - Onodi- To Tuck PF Step Out - RO - To - Tuck Aerial - Back Tuck/Layout/Layout Step Out FWO - Aerial - Tuck RO - To -Whip/Tuck - To - Tuck	Front Aerial - RO - To - Whip - To - Tuck FWO - RO - To - Whip/Tuck - To - Tuck PF Step Out - RO - To - Whip/Tuck - To - Tuck FHS - PF Step Out - RO - To - Tuck	FHS - PF step out - RO - To - Whip/Tuck-Tuck RO - BHS - Layout/Layout Step Out/X-Out/Switch Leg RO - Onodi - To - Layout FWO - RO - To - Layout Front Aerial - RO - To - Whip - Layout PF Step Out - RO - To - Layout
Level 5 Standing	Tuck - BHS - Tuck Tuck - BHS Series - Tuck BHS/BHS Series - Tuck - Tuck	Advanced Jump - Front/Back Tuck BHS Series - Whip/Tuck - BHS - Tuck BHS - Whip/Tuck - BHS - Tuck	Advanced Jump - BHS Series - Whip - BHS - Tuck Advanced Jump - BHS Series - Whip - Tuck BHS Series - Layout BHS Series - Whip - Tuck	BHS - Whip - Tuck BHS - Layout Advanced Jump - BHS/BHS Series - Layout Advanced Jump - BHS - Whip - Tuck BHS - Whip/Tuck - To - Layout
Level 5 Running	Barani RO - Half RO - Full	FHS - Barani RO - BHS series - Full Round Off - Arabian Side Aerial/Front Aerial - To - Full Barani - To - Layout	Front Full RO - BHS - Full FWO - RO - To -Full Barani - To - Full PF Step Out - RO - To - Full FHS - PF Step Out - RO - To - Full RO - To - Whip - To - Full	FHS - Front Full PF Step Out - RO - To - Whip - To - Full FHS - PF Step Out - RO - To - Whip - To - Full RO - Arabian/Half Step Out - To - Layout/Full



Level 6 Allstar Tumbling Level Assessments

Level	Advanced	Elite	
Level 6 Standing	Advanced Jump Back Tuck	BHS Series - Full Advanced Jump - BHS Series - Full BHS - Whip - BHS Series - Full BHS Series - Whip - Full BHS - Whip - To - Full	BHS - Full Advanced Jump - BHS - Full Standing Full Advanced Jump - Full BHS - Whip - Full Advanced Jump - BHS - Whip - Full BHS Series - Double Full Advanced Jump - BHS Series - Double Full BHS - Whip - BHS Series - Double Full BHS Series - Whip - Double Full BHS - Whip - Double Full Advanced Jump - BHS/BHS Series - Whip - Double Full BHS Series - Full/Double Full - Whip - Full/Double Full
Level 6 Running	Cartwheel - Full RO - Full RO - BHS/BHS Series - Full FWO - To - Full Side Aerial/Front Aerial - Full RO - To - Onodi - To - Full Front Full	RO - BHS - Kick Full/Full Step Out PF Step Out - To - Full RO - Whip - Full RO - To - Whip - To - Full 1.5 Twisting Front Layout	RO - Arabian/Half Step Out - RO - To - Full FHS - Front Full FHS - PF - RO - To - Full RO - BHS - Full - To - Full RO - To - Full - Full RO - To - 1.5 Step Out - To - Full 1.5 Twisting Front Layout - To - Full/Double Full RO - Double Full RO - To - Double Full FWO - To - Double Full PF Step Out - To - Double Full RO - To - Whip - To - Double Full RO - Whip - Double Full RO - Arabian - To - Double Full RO - To - Full - To - Double Full RO - To - 1.5 Step Out - To - Double Full RO - To - Double - BHS Series - To - Double Full RO - To - Full - To - Whip - Double Full PF Step Out - RO - To - Whip - To - Double Full RO - To - Double Full - Whip - Double Full PF Step Out - RO - Arabian - RO - To - Whip - Double Full

ABSENT REQUEST FORM

Please list up to 4 absences that will affect your team practices. Explain your reason for the absence such as vacation, custody agreement, school grade event, etc. All absences must be pre-approved by the coaches. You are allowed 4 total absences prior to August 5th. Dates after August 5th will not be accepted.

GA has built in days in July and during the fall/winter when the gym will be closed for the holidays. If possible, please try to take your vacations during this time, so that it does not affect the practices of your child's team. Practice attendance is important if we want to produce winning teams. WE DO NOT FOLLOW YOUR SCHOOL HOLIDAY CALENDAR. Please plan accordingly. Athletes will be removed if absences become excessive.

Athlete's Name: _____

Team: _____

Date:

Reason:

Initial Below:

Parent

Coach

Date Received: _____

GEORGIA ALLSTARS FINANCIAL AGREEMENT

DUE AT INFORMATIONAL MEETING

I, _____ Parent/Guardian of
(Print name of parent/legal guardian)

(Print name of team member)

understand and agree to the following financial agreement:

- _____ I understand and agree that fee/tuition payments are due on the 1st of the month and Competition Fees are due on the 15th of the month.
- _____ I understand the Acceptance Fee, Registration/Insurance fee, Practice Wear Fees are all non refundable.
- _____ I understand that I am subject to a late fee charge of \$25.00 after the 5th of the month. Excessive tardiness in payments will be grounds for dismissal and my account balance will be sent to a professional collection agency in Fulton County. Signee is responsible for any court and legal fees applied. Any legal collection proceedings will be filed in Fulton County.
- _____ I also understand and agree that as a parent/guardian signing the contract; I am solely responsible for Monthly Tuition on the 1st, Competition Fees, Insurance/Registration fees, USASF Fees, as well as any additional fees if applicable such as uniform, warmup, bows, t-shirts, makeup, etc. All fees/monies once paid are Non-refundable and i have read/received a copy of the parent handbook/contract available to me and online.
- _____ I understand that the all star season begins with tryouts in May, and ends with the last tuition for the month of April and/or USASF Worlds/Varsity D2 Summit. If I choose to leave or am dismissed from the program prior to the end date in April/May, I am subject to any fees or balances charged/owed to my account prior my leaving or dismissal date.

I understand the above rules and stipulations and agree to authorize LWS LLC dab Georgia All Star Cheerleading to charge the credit card and/or bank check card that I have provided to them via autopay.

Parent/Guardian Signature

Date:

ATTACH PHOTO HERE



Athlete Information Form

Shirt Size: YS YM YL AS AM AL AXL

Athlete Name: _____ Age: _____ Birthdate: _____

Email: _____ Cell Phone: _____

Do you have any previous cheerleading experience: YES NO

If so, where or which team/level: _____

TRAVEL or NON-TRAVEL (Please circle one)

(The following information is subjective and does NOT guarantee team placement)

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PARENT INFORMATION:

Parent 1: _____ Home Phone: _____

Email: _____ Cell Phone: _____

Parent 2: _____ Home Phone: _____

Email: _____ Cell Phone: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Emergency Contact: _____

Phone: _____ Relationship: _____

Do you have any previous or current medical conditions/injuries: YES NO

Please explain: _____

Please list any existing allergies:
